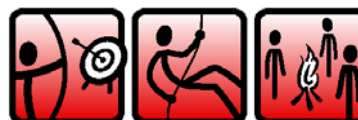


# WOMBAROO ADVENTURE CENTRE

EQUIPMENT: CENTRE BASED PROGRAMS



be challenged  
experience adventure  
build community

ESSENTIAL ITEMS:		
ITEM:	NOTES:	PACKED
Sun Hat with brim, Sunglasses		<input type="checkbox"/>
Beanie	<i>Thermals and gloves are recommended in colder times of the year</i>	<input type="checkbox"/>
Underwear	<i>Allow one per day plus spare pair</i>	<input type="checkbox"/>
Socks	<i>Thick woolen blend socks are best when hiking. Allow one per day plus spare pair</i>	<input type="checkbox"/>
2 Warm Jumpers	<b>Wool or fleece</b> is recommended	<input type="checkbox"/>
1 pair lightweight long pants	<i>Jeans are not suitable. Pants must be worn when hiking</i>	<input type="checkbox"/>
2 t-shirts		<input type="checkbox"/>
1 long sleeved shirt		<input type="checkbox"/>
2 pairs shorts	<b>Short shorts are not appropriate</b>	<input type="checkbox"/>
Swimming Costume	<b>Bikini style is not appropriate</b>	<input type="checkbox"/>
Pyjama's / Sleeping attire		<input type="checkbox"/>
Waterproof Jacket	<i>Jacket must be <b>waterproof</b> and have a <b>hood</b></i>	<input type="checkbox"/>
Sturdy Shoes	<b>Shoes that provide ankle support are most appropriate Footwear must be enclosed to protect feet</b>	<input type="checkbox"/>
Shoes (spare pair)	<i>A second pair of fully enclosed shoes to wear during water activities <b>Sandals / thongs are not appropriate</b></i>	<input type="checkbox"/>
Pillow & Pillow Slip		<input type="checkbox"/>
Sleeping Bag	<i>Must be <b>warm</b> as it can be very cold at night</i>	<input type="checkbox"/>
1 small towel		<input type="checkbox"/>
Toiletries, including <ul style="list-style-type: none"> <li>▪ Toothbrush</li> <li>▪ Toothpaste</li> <li>▪ Soap (biodegradable)</li> <li>▪ Comb / Brush</li> <li>▪ Personal Hygiene Products</li> </ul>	<b>Please do not bring spray cans</b>	<input type="checkbox"/>
4 Garbage bags	<i>Useful for wet / dirty equipment.</i>	<input type="checkbox"/>
Torch + spare batteries	<i>Needs to be durable. Avoid bulky / heavy designs</i>	<input type="checkbox"/>
Water Bottle	<b>2 x 1 Litre bottles (or equivalent)</b>	<input type="checkbox"/>
Pen / Pencil + Small notebook		<input type="checkbox"/>
Personal sunscreen		<input type="checkbox"/>

OPTIONAL / RECOMMENDED ITEMS:		
ITEM:	NOTES:	PACKED
Personal insect repellent		<input type="checkbox"/>
Camera		<input type="checkbox"/>
Day Pack	<i>Useful for carrying water, jumper, raincoat during activity sessions</i>	<input type="checkbox"/>

**ITEMS NOT TO BRING:**  
**Valuable Items, including but not limited to: jewelry, mobile phones, MP3 Players.**  
**Outdoor Education Programs are fully catered. Junk food should not be brought to camp.**